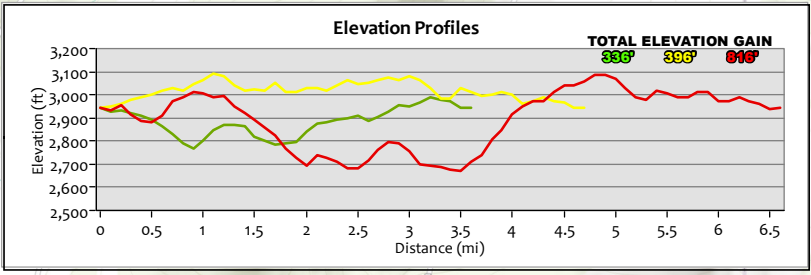
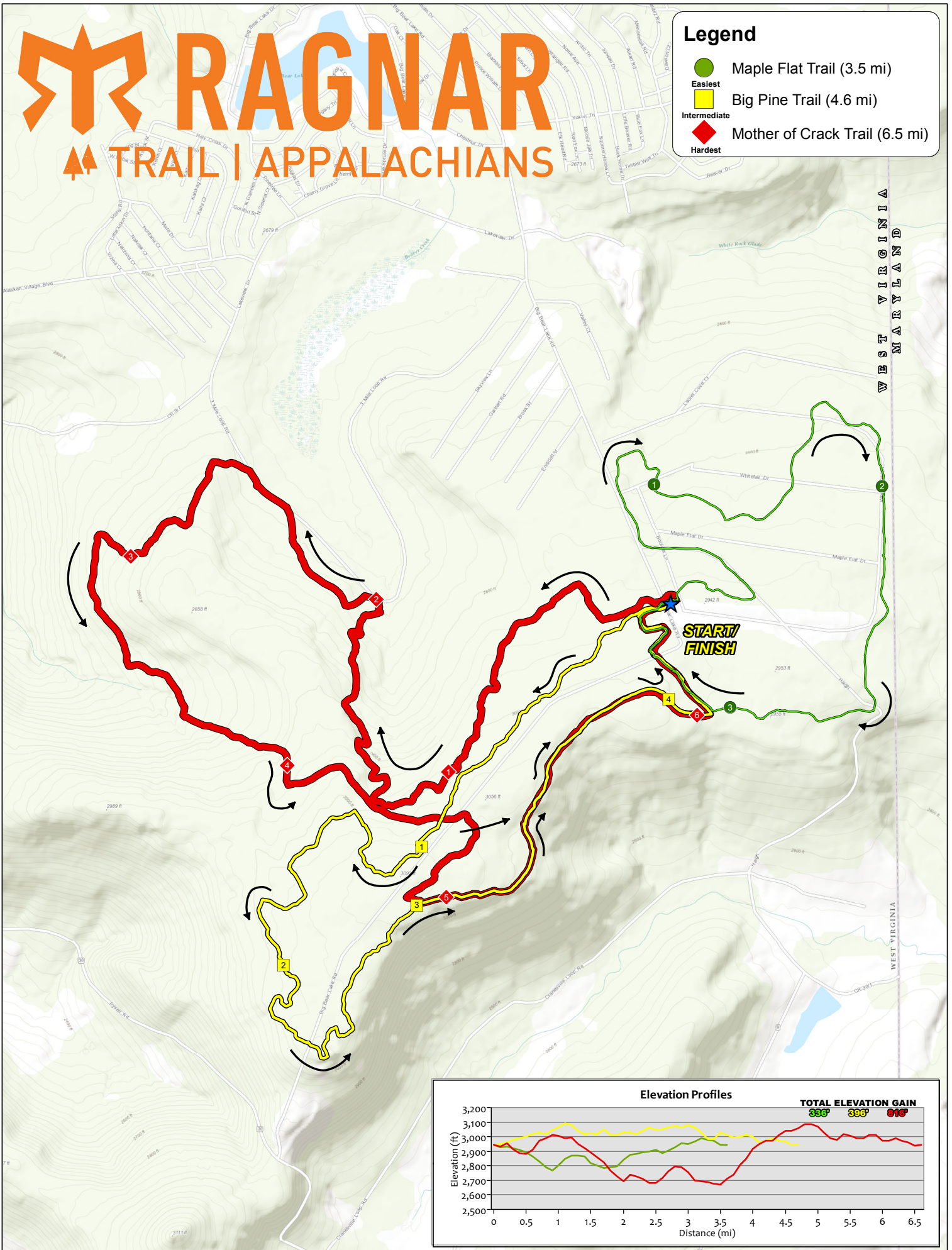


# RAGNAR

## TRAIL | APPALACHIANS

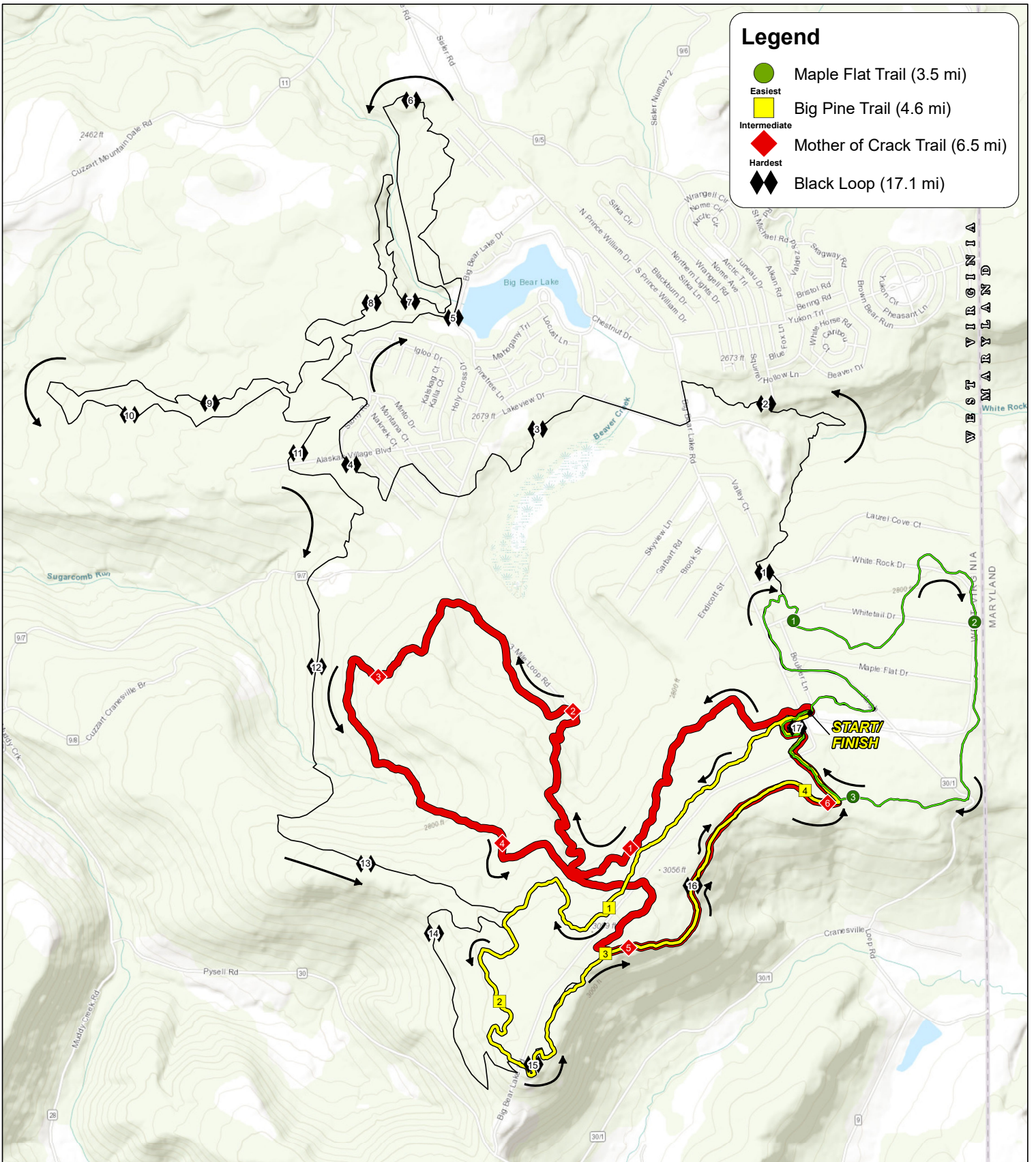
### Legend

- Maple Flat Trail (3.5 mi)  
Easiest
- Big Pine Trail (4.6 mi)  
Intermediate
- ◆ Mother of Crack Trail (6.5 mi)  
Hardest



### Legend

- Easiest Maple Flat Trail (3.5 mi)
- Intermediate Big Pine Trail (4.6 mi)
- ◆ Hardest Mother of Crack Trail (6.5 mi)
- ◆◆ Black Loop (17.1 mi)



**RAGNAR**  
 TRAIL | APPALACHIANS

